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Setting up your SPREADER BARS

The spreaders should have approximately 30 notches, plus the two end notches. Also, you will notice the hammock has about 20 to 30 pairs of strings going together to make up the end-rope. This number varies because each hammock is uniquely and individually made.

The best way to approach adding the spreaders it to start from the end notches, and then work from the outside to the middle from both ends simultaneously (alternating to get an even spread of strings for both sides) as follows:

1. Place two pairs of strings into each of the end notches (first one end, then the other).
2. Place a pair in the first side notch (first one end, then the other).
3. Place a pair in the second side notch (first one end, then the other).
4. Skip a notch.
5. Place a pair in the fourth notch (first one end, then the other).

.... and so forth until you reach the center.

